

August 9th, 2020

GOD'S PROMISES - He Will Carry You

SCRIPTURE: [Isaiah 46:4](#) *"I will be your God throughout your lifetime - until your hair is white with age. I made you, and I will care for you. I will carry you along and save you."*

STORY VIDEO: [Clip from Lord of the Rings](#) (See K-4th grade activity for description- contains intense imagery and music)

WORSHIP SONG: [Faithful One](#)

MAIN TAKEAWAY: The Bible is filled with the promises of God. Promises for strength, future joy, justice, protection, guidance and so much more. Isaiah 46:4 reminds us that for His children, God will carry them when they are unable.

FAMILY PRAYER: Dear God, thank you for the many promises in Your word. Your promise to carry me when life is heavy or when I can't do something is so comforting. Thank You that I do not have to just try harder because You are there. Help me to trust Your promise.

0 - 18 MONTHS

ACTIVITY: The phrase in Isaiah 46:4 that says He will carry us also holds with it the imagery of a parent holding a child. As you hold your child to put them to bed for a nap or to calm them down, tell them that God carries all of us. Let your baby know that when they are unable to do something, you will carry them. This is what God is doing for all His children.

PRAYER PROJECT: Take some time to think about those who may not have the strength or ability to finish what has been set out before them. With your baby, pray for those who are tired and weary in your life and ask for them to know God's presence. Pray for God to give them the strength to rest in His loving arms.

18 MONTHS - 3 YEARS

ACTIVITY: Find something in your house that is too heavy for your child but not too heavy for you. Ask your child to pick up the object. When they cannot pick it up, pick up the item and your child. Tell them that God is the one who carries us when He asks something of us. He will not stop carrying us if we are unable.

PRAYER PROJECT: Take some time to think about those who may not have the strength or ability to finish what has been set out before them. With your baby, pray for those who are tired and weary in your life and ask for them to know God's presence. Pray for God to give them the strength to rest in His loving arms.

3 - 5 YEARS

ACTIVITY: Find something in your house that is too heavy for your child but not too heavy for you. Ask your child to pick up the object. When they cannot pick it up, pick up the item and your child (or sit down and scoop them up in your arms). Tell them that God is the one who carries us when he asks something of us. He will not stop carrying us if we are unable.

PRAYER PROJECT: Ask your child if there is anything that they think is too hard that God has asked them to do. Feel free to share with them what your answer is. Think of others who are experiencing something that is too hard. It can be as fundamental as putting food on the table. How can you reflect God by stepping in to carry that burden? Pray about and respond to his calling.

KINDERGARTEN-4TH GRADE

ACTIVITY: When what God has set out for us is too much, then He will carry us. He will not call us to obedience and then leave us. A great illustration of His presence with us can be seen in the movie, The Lord of the Rings. Frodo has been sent on a mission that will take all he has to give. When he is almost at the end of his mission, he can't go on. It has been too much to carry. That is when Samwise, his companion who has never left him, [steps in](#). (*clip contains intense imagery and music*) For an additional activity, see the 3-5 year old activity above.

QUESTION OF THE WEEK: Ask your child if there is anything that they think is too hard that God has asked them to do. *Don't forget to give your answer as well!*

PRAYER PROJECT: Brainstorm together others who are experiencing something that is too hard. How can you reflect God by stepping in to help carry that burden? Pray about and respond to his calling. If you'd like to sign up to help others in our church, click [HERE](#).

QUESTIONS? NEED RESOURCES/PRAYER?



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