

June 21st, 2020

## PSALM 23 - He Blesses Me

SCRIPTURE: [Psalm 23:5](#)

WORSHIP SONGS: [Psalm Song](#), [The Blessing \(Kids Version\)](#)

**MAIN TAKEAWAY:** The book of Psalms in the Bible is a book of songs written to God and about God. Psalm 23:5 tells us that God blesses us, takes care of us, and loves us so much that we can then share the blessings and love we have with others.

**FAMILY PRAYER:** Dear God, thank you for taking care of us in every way. Thank you for Your blessings and for being with us no matter what happens. Help us to see ways that we can bless other people and give us the courage to love like You love us. We do love You Jesus!

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### 0 - 18 MONTHS

**ACTIVITY:** Speak a blessing over your baby. There are many to choose from in the Bible, but you can start with one from Numbers 6:24-26 (song version [HERE](#)), also known as the Priestly Blessing. NIV version says, *"The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you; the Lord turn His face toward you and give you peace."* If you don't already pray with and for your baby daily, repeating this blessing is a great way to start.

**SERVICE PROJECT:** We are blessed to be a blessing. Our brothers and sisters in Guatemala are serving and blessing each other during this tough time and we have an opportunity to be a part of that blessing. This past week's All of Life Family Camp had a giving project that we'd love for you to be a part of. You can give \$10 or however much you're able. Give by clicking [HERE](#).

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### 18 MONTHS - 3 YEARS

**ACTIVITY:** Speak a blessing over your child. There are many to choose from in the Bible, but you can start with one from Numbers 6:24-26 (song version [HERE](#)), also known as the Priestly Blessing. NIV version says, *"The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you; the Lord turn His face toward you and give you peace."* If you don't already pray with and for your child daily, repeating this blessing is a great way to start.

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### 3 - 5 YEARS

**ACTIVITY:** Explain to your child that a "blessing" is something God has given us because He loves us and it helps us love others better. Grab two non-breakable cups (one large, one small). Fill the large one up with water and keep the small one empty. If you have houseplants, pets, or plants outside to water, walk over to them and stand above them so they can be blessed by the water overflowing from the cup. Have your child pour the water from the large cup into the small cup and watch as the small cup overflows and then waters the pet/ground/plant below it. Tell them God fills us up with blessing so that our cup overflows and we can then bless others! Sing the song "[The Blessing](#)" together as a family and join voices with children all around the world.

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### KINDERGARTEN-4TH GRADE

**ACTIVITY:** Stand in a circle as a family or stand face to face with your child and play a game of Psalm 23 memory catch! Using a foam ball or other soft object, toss it back and forth as the person holding the object says one word of the verse thus far and add on this week's verse as well! (*Psalm 23:1-5; The Lord is My Shepherd. I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; My cup overflows.*)

If anyone forgets a word, start over again from the beginning. Remind your child that the purpose of memorizing scripture is for it to help us love Jesus and others more. If you'd like to do more activities, add the activity listed in the 3-5 year old section.

**QUESTION OF THE WEEK:** Ask your child, "How has God blessed you? How can you bless others with that blessing?"

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## QUESTIONS? NEED RESOURCES/PRAYER?



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