

June 14th, 2020

PSALM 23 - He Comforts Me

SCRIPTURE: [Psalm 23:4](#)

STORY VIDEO: [Green Pastures](#)

WORSHIP SONG: [Psalm Song](#)

MAIN TAKEAWAY: The book of Psalms in the Bible is a book of songs written to God and about God. Psalm 23:4 tells us that God comforts us and walks with us even when things are hard or sad.

FAMILY PRAYER: Dear God, You are our comforter. Thank you for walking with us when we're scared and helping us feel better when we're sad. Help us to walk with other people like you walk with us, and to comfort others the way You comfort us. We love You Jesus, Amen!

0 - 18 MONTHS

ACTIVITY: Hold your baby with their favorite comfort object (blanket, paci, wind chimes). Sing them a song that brings you comfort. Tell them that Jesus comforts us and thank Him together!

SERVICE PROJECT: Pray for and reach out to someone who has brought you comfort. Ask them how they're doing and do a video chat/phone call with your baby so they can say hi too. Ask if there's any way you can bring them comfort this week and if so, do that with your baby. Thank God together for being our true Comforter.

18 MONTHS - 3 YEARS

ACTIVITY: Have your child bring you their favorite comfort object. Get a baby doll or stuffed animal, and pretend that the baby doll/animal is feeling sad. Hold the baby/animal and give them comfort, and tell your child that is what God does for us. Ask your child to do the same with the baby/animal, and ask your child if they will give the baby/animal their comfort object so they feel better too.

SERVICE PROJECT: Pray for and reach out to someone who has brought you comfort. Ask them how they're doing and do a video chat/phone call with your child so they can say hi too. Ask if there's any way you can bring them comfort this week and if so, do that with your child. Thank God together for being our true Comforter.

3 - 5 YEARS

ACTIVITY: Set up some toys with your child (dolls, figurines, etc) and pretend that the toys are feeling sad. (If they've seen Toy Story, use that as a reference point!) Ask your child what they are sad about. Then ask what helps your child feel better when they are sad. Have your children "ask" the toys what would help them feel better or why they're sad, and roll with the outcome! Tell them that God is always with us, even when we're sad, and that He won't ever leave us.

SERVICE PROJECT: Ask your child who has brought them comfort (family, friends, etc) and reach out to them. Ask them how they're doing and do a video chat/phone call with your child so they can say hi too. Ask if there's any way you can bring them comfort this week and if so, do that with your child. Thank God together for being our true Comforter.

KINDERGARTEN-4TH GRADE

ACTIVITY: Stand in a circle as a family or stand face to face with your child and play a game of Psalm 23 memory catch! Using a foam ball or other soft object, toss it back and forth as the person holding the object says one word of the verse thus far and add on this week's verse as well! (*Psalm 23:1-3; The Lord is My Shepherd. I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.*)

If anyone forgets a word, start over again from the beginning. Remind your child that the purpose of memorizing scripture is for it to help us love Jesus and others more. If you'd like to do more activities, add the activity listed in the 3-5 year old section.

QUESTION OF THE WEEK: Ask your child, "What has brought you comfort when you are sad? What do you need from God when you are sad?"

SERVICE PROJECT: Ask your child who has brought them comfort (family, friends, etc) and reach out to them through a written letter, phone or video chat. Pray for that person with your child. Ask if there's any way you can bring them comfort this week and if so, do that with your child. Thank God together for being our true Comforter.

QUESTIONS? NEED RESOURCES/PRAYER?



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